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Amanda's Action Kids is a fun and interactive, physical and educational workout involving music, dance, exercise and lots of special props for babies and children.



**Amanda's Action Kids
at Playdays Nurseries**



Baby and Toddler Interactive Classes

- ★ A sensory extravaganza, baby and toddler workout, using music and unique props

www.amandasactionkids.co.uk





Fun,
Fitness
& Music

From
1 to 6
years

Children's
Birthday
Parties

To make a party booking call
Sarah on **07855 276837** or email
sarah@amandasactionkids.co.uk